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#### **Anshei Lubavitch Congregation**

Rabbi Levi Neubort

Associate Rabbi Avrohom Bergstein Associate Rabbi Eli Steinhauser

#### Shabbos Schedule Parshas Ekev

Erev Shabbos – Aug. 3, 2018		
Candle Lighting	7:52 pm	
Mincha	7:30 pm	
Shabbos – Aug. 4, 2018		
Shacharis	9:30 am*	
Torah Reading	10:35 am	
Rabbi Neubort's Drasha	11:10 am	
Kiddush	12:10 pm	
Gemara (2-31 Summit Ave	e)6:55 pm	
Shalosh Seudos and Shiu	r6:55 pm	
Mincha	7:55 pm	
Rabbi's Drasha	8:20 pm	
Shabbos Ends	8:55 pm	

\*Latest morning Shema is now 9:26 AM. Be sure to recite the Shema at or before that time (even if at home).

## **Weekday Schedule**

## Minyan

Mincha

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Maariv9:15 pm
Classes
Chassidus, Mon-Fri5:55 am
Halachah, Mon-Fri1:40 pm
Torah StudiesMon. 7-8:00 pm

Tuesday Talmud........9:30-10:00 pm

Shacharis.......6:15 am

1.45 nm

#### Parshah in a Nutshell

In the Parshah of Eikev ("Because"), Moses continues his closing address to the children of Israel, promising them that if they will fulfill the commandments (mitzvot) of the Torah, they will prosper in the Land they are about to conquer and settle in keeping with G-d's promise to their forefathers.

Moses also rebukes them for their failings in their first generation as a people, recalling their worship of the Golden Calf, the rebellion of Korach, the sin of the spies, their angering of G-d at Taveirah, Massah and Kivrot Hataavah ("The Graves of Lust"). "You have been rebellious against G-d," he says to them, "since the day I knew you." But he also speaks of G-d's forgiveness of their sins, and the Second Tablets which G-d inscribed and gave to them following their repentance.

Their forty years in the desert, says Moses to the people, during which G-d sustained them with daily manna from heaven, was to teach them "that man does not live on bread alone, but by the utterance of G-d's mouth does man live."

Moses describes the land they are about to enter as "flowing with milk and honey," blessed with the "seven kinds" (wheat, barley, grapevines, figs, pomegranates, olive oil and dates), and as the

place that is the focus of G-d's providence of His world. He commands them to destroy the idols of the land's former masters, and to beware lest they become haughty and begin to believe that "my power and the might of my hand have gotten me this wealth."

A key passage in our Parshah is the second chapter of the Shema, which repeats the fundamental mitzvot enumerated in the Shema's first chapter and describes the rewards of fulfilling G-d's commandments and the adverse results (famine and exile) of their neglect. It is also the source of the precept of prayer and includes a reference to the resurrection of the dead in the messianic age.

#### Kiddush

This week's kiddush is sponsored by

## Rabbi Dr. Avi and Adrienne Kuperberg

in commemoration of the yartzeit of Avi's mother, Liba bas R' Michael OBM.

#### Thank You

Mr. Ira Frankel For reading the Torah

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#### Parsha Q&A - Vedibarta Bam

"ואמרת בלבבך כחי ועצם ידי עשה לי את החיל הזה"

"And you may say in your heart, 'My strength and the might of my hand made me all this wealth." (8:17)

QUESTION: Since the pasuk already says "kochi" — "my strength" — what is the purpose of the words "ve' otzem yadi" — "and the might of my hand?"

ANSWER: When a Jew is blessed with affluence, the Torah expects him to give tzedakah and share wealth withthe needv. Sometimes there are wealthy people who are "tight-fisted" and refrain from giving tzedakah, thinking erroneously that what they give away will reduce their assets. The word "otzem" in Hebrew can also be interpreted as "closing up" (see Isaiah 33:15). To dispel the illusion of some wealthy people regarding sharing wealth with the less fortunate, the Torah says, "Do not think that 'my strength' and 'otzem yadi' - 'my closed up hand' — made me all this wealth. On the contrary, open your hand, and then you will be blessed with even more

(לקוטי בתר לקוטי בשם ארונו של יוסף)

"וקשרתם אתם לאות על ידכם והיו לטוטפת בין עיניכם".

"You shall bind them for a sign upon your arm and let them be an ornament between your eyes." (11:18)

QUESTION: When tefillin fall to the ground they should be picked up immediately, and it is customary to give them a kiss. What is the significance of this custom?

ANSWER: When Rabbi Levi Yitzchak of Berditchev once observed such a scene in his shul. he lifted his eyes to Heaven and said, "A-mighty G-d, when this simple Jew's tefillinfell down, he immediately picked them up and kissed them. The Gemara (Berachot 6a) says that You, too, wear tefillin and in Your tefillin is written Your pride in the Jewish people. Unfortunately, Your tefillin — the Jewish people - have fallen, and have been lying in disgrace for many years with the nations of the world stepping on them. Why don't You pick up Your tefillin — the Jewish people — and give them the 'kiss' they so well deserve?"

Rabbi Levi Yitzchak's heartfelt plea to Hashem to "pick up Your tefillin and give them a kiss," was that Hashem should immediately send Mashiach to redeem the Jews and take them out of exile.

"ולמדתם אתם את בניכם לדבר בם" "You shall teach them to your children to discuss them." (11:19)

QUESTION: The word "otam" (אתם) can also be spelled with a "cholom vav" (ז)(see Vayikra 23:43, 24:6). Why is the vowel here without a "ז"?

ANSWER: The word "otam" without a "1", which is translated to mean "them," can also be read as "atem" which means "you." The Torah is instructing us that in order for a parent to succeed in teaching "otam" — "them" — Torah and mitzvot — to his children, it is imperative that it also be "atem" — you must be a living example to your children — i.e.,

the children should see you learning Torah and observing mitzvot.

"למען ירבו ימיכם וימי בניכם על האדמה"

"In order to prolong your days and the days of your children upon the land that Hashem has sworn to your forefathers to give to them." (11:21)

QUESTION: The Gemara (Berachot 8a) relates that Rabbi Yochanan was told that there were elderly people in Babylonia. In amazement he said "but it is written "In order to prolong your days ... upon the land on the land ..." which implies that outside of Eretz Yisrael there is no promise of long life?" Once they told him that the elders are people who arise early to attend the morning services and stay late in the synagogue in the evening for the services. He said "That is the merit that gained them long life."

This is enigmatic because the question still remains that the Torah gave a promise for long life only in Eretz Yisrael?

ANSWER: The Gemara (Megillah 29a) says that in the Messianic era, the synagogues and study halls in Babylonia are destined to be established in Eretz Yisrael. Thus, because of this future relocation the buildings and land they stand on are even now considered a part of Eretz Yisrael. Hence, if a person attends the synagogue in the morning and evening it is as though he is in Eretz Yisrael and the blessing of longevity extends to him as well.

(כלי יקר – מהרש"א)

# Fair Lawn Orthodox Jewish Community Events

**August 5** – Yoetzet Halacha Program: Ladies' Luau, ladies only event sponsored by Darchei Noam, with refreshments at Galina Datkovsky's pool, 5 Chittenden Rd., Sunday, 11:00 AM – 1:00 PM (RSVP for \$18 before 7/15, or \$25 after, at <a href="https://tinuurl.com/uc28vlsd">https://tinuurl.com/uc28vlsd</a>).

**Aug. 12** – Scavenger Hunt, with Fair Lawn trivia, puzzles and some good old fashion hustle. Darchei Noam, Sunday, 11:00 AM – 1:00 PM. Sign up with your team (up to 5 adults) now. RSVP now at Hunt. https://tinyurl.com/ycn2w3cv

**Aug. 12** – Community Barbeque, featuring a bouncy house, face painting, balloon artist, and much more! A Shomrei Torah event, taking place at Berdan Grove. Sunday, 4:00 – 7:00 PM. For more info and to register, visit ST BBQ. [Sponsored by Walsh Pest Control and Zohar Zamir of KW Realtors.] https://tinyurl.com/ya6x3jdw

**Aug. 14 & Sept. 4** – Love in the Time of Nach: Exploring Relationships in Neviim and Ketuvim, a women-only series of shiurim to be given by Rebetzin Chana Shestack. An Ahavat Achim series, to take place at the Shestack residence, 18-19 Saddle River Rd., Tuesday nights, 8:15 – 9:15 PM.

**Aug. 19** - Yom Tou Food Auction, supporting the Yoetzet Halacha Program, so all cooks and bakers are being called! Darchei Noam, Sunday, 4:00 – 7:00 PM. To sign up or contribute go to: Food Auction. https://tinyurl.com/y7tm7549

#### Haftorah in a Nutshell

This week's haftorah is the second of a series of seven "haftorot of Consolation." These seven haftarot commence on the Shabbat following Tisha b'Av and continue until Rosh Hashanah.

The exiled Jewish people express their concern that G-d has abandoned them. G-d reassures them that it is not so, comparing His love and mercy for His people to that of a mother for her children, and even greater than that, too.

The prophet Isaiah then touchingly describes the ingathering of the exiles which will occur with the Messiah's arrival and returning to the initial subject matter of this haftorah, that of the Jewish people's complaint of being abandoned by G-d, he reminds them of their rebellious behavior that brought about the exile and suffering. He concludes with encouraging words, reminding us of what had happened to our ancestors, Abraham and Sarah. Just as they were blessed with a child when they had all but given up hope, so too, G-d will send us the Messiah.

## Halachic Zmanim Shabbos, August 4

Daylight Saving Time

Earliest Tallis	4:59 AM*
Latest Morning Shema	9:26 AM
Earliest Mincha (Gedola)	1:39 PM
Plag Hamincha	6:44 PM
Earliest Evening Shema	8:55 PM

#### Hayom Yom...

# Shabbos, Menachem Av 23

In the winter of 5652 (1891-2), when my father taught me in Tanya, "The second soul in Israel actually part of G-d above," he explained that the connotations of the words "above" and "actually" contradictory. "Above" indicates the most spiritual of spiritual levels, while "actually" describes the most material of material things. He explained that this is the unique quality of the "second soul," that though it is the epitome of the spiritual it has an effect upon the most material of materiality.

#### Riddle of the Week

By Rabbi Eli Steinhauser

Which pasuk in this week's Parsha has a hint that tells us about the one-hundred brochos we need to recite each day?

Hint: The pasuk begins with the letter 1



# בית מדרש לחסידות

### L'CHASSIDUS

שיעורי חסידות ' Shiurim



#### STUDY CHASSIDUS!

**Currently learning** 

יום טוב של ראש השנה (תרנ"ט)

DIVINE SPEECH

by the Rebbe Rashab

Monday-Friday 5:55-6:10 AM

#### שיעורי הלכה · Halacha Explore the Ins-and-Outs of Prayer

Hilchos Tefillah.....1:40-1:45 PM

Monday-Thursday

Tuesday Talmud · שיעורי גמרא

Master the Language and Methodology of the Talmud

Tractate Sukka.....9:30-10:00 PM

#### **Shiur & Shalosh Seudos**

Sponsored by

**Binyamin Rotem** (Benny Pizza) שיחיי

לעילוי נשמת

משה בן יקוט ז"ל ת.נ.צ.ב.ה

## Yoga, Can It Be Kosher? (Part II)

Shabbos afternoon, 7:00 pm

Help Our Library EXPAND!

PLEASE SPEAK TO RABBI BERGSTEIN FOR MORE INFO



MONDAY EVENING TORAH STUDIES 7:00-8:00 PM • Maariv at 9:15

## Monday, August 6 2018 EMULATING YOUR CREATOR

Work isn't Just about the Money Work isn't Just about the Money Oftentimes we wonder what life would be like without working another day. Why do we have to work so hard anyways? Is there any point to all this toil and sweat? Of course there is—it is, in fact, your only chance to be just like your Creator. Relish it.

### Monday, August 13 2018 UNLOCKING THE HAIR LOCK

The Secret of the Upshernish A prevailing custom in many Jewish

communities is to leave the hair of a young boy uncut for his first three years. The first haircut is celebrated with joy and fanfare. What is behind this mysterious custom? Not so surprisingly—a lot. And it's not just for kids.

Monday, August 20 2018 MAZAL TOV, MAZAL TOV! Every Day Your Wedding Day

#### Save these Dates!

Anshei Lubavitch will be featuring a brand-new series just for women

#### Larger Than Life: Weaving G-d Into the Details

The classes will take place on the following Wednesdays:

(2018) October 17, November 14, December 12

(2019) January 16, February 13, March 13, May 15

Look out for more information on the bulletin and on our website.

Contact Mrs. Rivky Bergstein -201.362.2712



## Wrestling with **Faith**

#### Beginning October 21

Most people, even the most devout, struggle with issues about God. We sit in the synagogue during the High Holidays and affirm the essentials of Judaism in theory, but when it comes to trusting God with our daily lives, we share a secret, painful fear that God isn't really looking out for us.

Many have been brought up under the assumption that mainstream science is incompatible with genuine Jewish faith-so when they see compelling evidence for biological evolution, for example, they feel forced to choose between science and their faith

Wrestling with Faith was created for tackling questions like these, the "big issues" that keep people from intimate faith with God. In Wrestling with Faith, we acknowledge the often-unspoken doubts and questions that all people share—as we share their invitation for us to dig deeper for the answers.

In Wrestling with Faith, JLI offers a steady and inspiring voice to help us reaffirm and understand our faith in a world where nothing seems solid or permanent. Drawing upon 3,000 years of Jewish knowledge, as well as a storehouse of literary, psychological, and theological insights, the course examines the fears and doubts that challenge us. It is in these struggles to find meaning that the course lays out a path for belief in a world struggling to find faith; but perhaps more important, it helps us find our own rhythm within which to walk that path.

Lesson 1 - Where's the evidence?

Lesson 2 - Does G-d really care?

Lesson 3 - Why do some Jewish practices seem primitive?

Lesson 4 - Why would a good G-d do bad stuff?

Lesson 5 - Do religious beliefs contradict scientific discoveries?

Lesson 6 - How can I enjoy a close relationship with G-d?

FIND OUT MORE by calling 201.362.2712. or email: RabbiBergstein@FLChabad.com

