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Parshah Bo in a Nutshell (Exodus 10:1–13:16)

The last three of the Ten Plagues are visited on Egypt: a swarm of locusts devours all the crops and greenery; a thick, palpable darkness envelops the land; and all the firstborn of Egypt are killed at the stroke of midnight of the 15th of the month of Nissan.

G-d commands the first mitzvah to be given to the people of Israel: to establish a calendar based on the monthly rebirth of the moon. The Israelites are also instructed to bring a "Passover offering" to G-d: a lamb or kid goat is to be slaughtered, and its blood sprinkled on the doorposts and lintel of every Israelite home, so that G-d should pass over these homes when He comes to kill the Egyptian firstborn. The roasted meat of the offering is to be eaten that night together with matzah (unleavened bread) and bitter herbs.

The death of the firstborn finally breaks Pharaoh's resistance, and he literally drives the children of Israel from his land.

Kiddush

This week's Kiddush is sponsored by Rabbi Levi and Leah Neubort, Yossi and idii Stern, Shua and Brocha Betesh, Izzy and Rochi Abehsera in commemoration of the first Yartzeit of Mrs. Rivka Neubort – Rivkah bas Harav Shlomo New Mishnah Class With Rabbi Neubort Wednesdays 8:30 pm – 915 pm

So hastily do they depart that there is no time for their dough to rise, and the only provisions they take along are unleavened. Before they go, they ask their Egyptian neighbors for gold, silver and garments—fulfilling the promise made to Abraham that his descendants would leave Egypt with great wealth.

The children of Israel are commanded to consecrate all firstborn, and to observe the anniversary of the Exodus each year by removing all leaven from their possession for seven days, eating matzah, and telling the story of their redemption to their children. They are also commanded to wear tefillin on the arm and head as a reminder of the Exodus and their resultant commitment to G-d. ❖

Halachic Zmanim Shabbos, January 12 Eastern Standard Time

Earliest Tallis	. 6:19 AM
Latest Morning Shema	. 9:40 AM
Earliest Mincha (Gedola)	12:29 PM
Plag Hamincha	3:54 PM
Earliest Evening Shema	5:21 PM

Thank You to: Yossi Lebovic for reading the Torah and to our Kiddush Volunteers

Anshei Lubavitch Congregation

Rabbi Levi and Leah Neubort

Adult education: Rabbi Avrohom and Rivky Bergstein

Youth Outreach: Rabbi Eli and Ruty Steinhauser

Shabbos Schedule Parshas Bo

Erev Shabbos – Jan. 11, 2019

Candle Lighting	4:31 pm
Mincha	4:30 pm

Shabbos – Jan. 12, 2019

Shacharis 9:30 am*
Torah Reading10:35 am
Rabbi Neubort's Drasha11:10 am
Kiddush12:10 pm
Gemara (2-31 Summit) Postponed
Mincha4:30 pm
Rabbi's Drasha4:55 pm
Shabbos Ends5:34 pm

*Latest morning Shema is now **9:40 AM**. Be sure to recite the Shema at or before that time (even if at home).

Weekday Schedule

Minyan

Shacharis	6:15 am
Mincha	1:45 pm
Maariv	9:15 pm
Classes	
Chassidus, Mon-Fri	5:55 am
Halachah, Mon-Fri	1:40 pm
Torah Studies Mor	n. 7-8:00 pm
Tuesday Talmud9:3	0-10:00 pm

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Chassidic Masters

"The 29th Day"

Based on the teachings of the Lubavitcher Rebbe Courtesy of MeaningfulLife.com

In the first mitzvah commanded us as a nation, G-d decreed that we link our lives to the moon. He instructed us to establish a calendar that is predicated upon the lunar month—the 29.5-day cycle in which the moon, as perceived by an earthly observer, completes its revolution around the earth.

Thus, the Jewish calendar is a calendar of months, measured by the duration from one new moon to the next. Twelve such months add up to a year of approximately 354 days, eleven days short of the 365.25-day solar cycle. The Jewish year therefore alternates between 12 and 13 months, the extra month (added seven times in a 19-year cycle) serving to align the lunar months with the solar cycle of seasons. (In contrast, the months of solar-based calendars are wholly artificial, being merely the division of the solar year into twelve moreor-less equal segments. These months bear no relation to the lunar cycle, or to any other natural phenomenon.)

The new moon is the night on which the moon is first visible after its monthly disappearance from our nighttime sky. The alignment and movement of the moon in relation to the earth and sun means that, to the earthly observer, the moon passes through phases in which it grows and diminishes—and, at one point in its cycle, disappears altogether. When the moon is closest to the sun, positioned between the sun and earth, its lighted side-the side illuminated by the sun's light—faces away from the earth, so that it is invisible to us. As it moves away from the sun to orbit the earth, it appears first as a thin crescent of light, and continues to grow and fill for the next fifteen days. Midway through its orbit, when it is furthest from the sun and the earth is between the sun and the moon, the lighted half of the moon is entirely visible on earth, so that it appears as a complete sphere in the heavens and bathes our night with the full luminescence of its pacific glow. Then, as the moon continues its orbit of the earth, moving closer to the sun, less and less of it is visible to us; the sphere shrinks by nightly increments to a half-sphere and then to progressively leaner slivers of light, until, at the point of its greatest proximity to the sun, it once more disappears from our view.

The night on which the moon is first visible after its hiatus is the first of the Jewish month (hence the Hebrew word for month, chodesh, from the root chadash, "new"). The month consists of 29 or 30 days, until the next new moon marks the onset of a new month. The first half of the Jewish month is thus marked by a nightly growing moon, which reaches its full luminescent potential on the night of the 15th; but on the 16th of the month the moon is already diminished, and it continues to shrink nightly until a new moon and month are born.

[At the time that the Sanhedrin (supreme court of Torah law) existed, the onset of a new month was proclaimed each month based on the actual sighting of the new moon-a practice which will be resumed with the coming of Moshiach and the reestablishment of a central Torah authority for all of Israel. Today, our preset calendar is not as exact, with the first of the month falling within a day or two of the new moon's "birth."]

The people of Israel, says the Zohar, mark time with the moon because they emulate the moon. Like the moon, the Jewish people dip and soar through history, our regressions and defeats but preludes to yet another rebirth, yet another renewal. The story of the moon is the story of a nation, and the story of every productive life: lack fuels initiative, setbacks stimulate growth, and one's highest achievements are born out of moments of diminution and depreciation.

Going Moon

In its account of the creation of the universe, the Torah speaks of "the two great luminaries" created by G-d to shed light upon the earth and to set "the signs, times, days and years" of life on earth.

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In the very same verse, however, the two great luminaries become "the great luminary to rule the day, and the small luminary to rule the night." The Talmud explains: initially, the sun and moon were indeed two great luminaries, equal in size and luminescence. But the moon objected that "two kings cannot share the same crown." So G-d commanded it: "Go, diminish yourself."

Thus was born the month. For not only was the moon reduced to a pale reflector of another's light, it was further diminished in that its illumination of the earth would be curtailed by the constant changes in its juxtaposition with the source and the recipient of its light. For two weeks of each month, the moon faithfully fulfills the divine decree, "Go, diminish yourself," steadily reducing itself to the point in which it is completely enveloped in darkness.

These repeated diminutions are what yield the unique qualities of lunar time. Living with the moon, we learn how darkness can give birth to light, and how absence can generate renewed presence. We learn to exploit the momentum of our descents to scale new and unprecedented heights—heights which could never be anticipated by an unvarying "solar" path through life.

On a deeper level, the injunction "Go, diminish yourself" relates to the very essence of our humanity. Man is unique among G-d's creations in that he alone is a mehalech, a "goer" or journeyer through life. All other creations, including the loftiest of spiritual beings (and this includes the soul of man prior to its investiture in a physical body) are omdim, stationary "standers." A "stander" is not necessarily immobile; indeed, all things possess, to some degree or other, the potential for development and advancement. But all creations move in a "solar" orbit—an orbit defined by preordained limits which it cannot transcend. Only the human being is lunar, with a trajectory through life that includes both growth and decline, obliteration and rebirth.

For man alone possesses the power of free choice—a power as potent as it is lethal, as infinite as it is constricting. With free choice comes the capacity for utter selfdestruction, and the capacity for utter self-transformation. Man has the power to negate everything he is and stands for, and in the next moment, to recreate himself in a new mold and embark on a path that his prior existence could never have anticipated.

"Go, diminish yourself" is the Creator's perpetual injunction to His lunar creation. For it is only by diminishing itself that the human soul can "go." Only by making itself vulnerable to the mortality and pitfalls of the physical state can the soul of man become a "goer," a being with the power to make of itself more than it is.

David's Absence

This is the message implicit in the haftorah (reading from the Prophets) read in the synagogue when Shabbat falls on the day before Rosh Chodesh, as the first of the month is called. The opening verse of this haftorah reads: "And said to Jonathan [David]: Tomorrow is the new month. You will be remembered, for your seat will be vacant." David has reason to suspect that King Saul wishes him harm, so he plans to avoid the royal palace. Jonathan tells him that his very absence will attract Saul's notice, inducing the king to reveal his intentions toward him.

At first glance, the connection between the haftorah and the new month seems merely incidentalthe reading begins by relating a conversation that took place on the day before Rosh Chodesh, so we read it on the day before Rosh Chodesh. But upon closer examination. Jonathan's words to express David the deeper significance of the lunar month, and particularly of the day before Rosh Chodesh-the day of the moon's disappearance. Jonathan tells David: "you will be remembered because your seat will be vacant." The key word in the Hebrew original of this sentence is pakod, which is the root of both venifkadta, "you will be remembered," and yipaked, "will be vacant." Indeed, the two are intertwined: we are remembered when we are missed. Like the vacuum which draws liquid into a syringe, it is the voids and absences of life that compel its greatest achievements and fulfillments.

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This is the essence of lunar time, to which the Jew sets the rhythm of his individual and communal life: oblivion as the harbinger of renewal; darkness as the impetus for reborn light.

The Sixteenth Increment

Thus, the fifteenth of the Jewish month, the day on which the moon achieves the pinnacle of its luminary potential, marks the high point of that month's particular contribution to Jewish life.

Nissan is the "month of redemption," and it is on the first day of Nissan that the process of our liberation from Egypt began; but the results of this process were fully manifest only on the 15th of Nissan, the day of the Exodus, which we celebrate each year as the festival of Passover, and and on which we re-experience the divine gift of freedom through the observances and customs of the Seder. By the same token, the first of Tishrei is the day on which we crown G-d as king of the universe, rededicating the entirety of creation to the purpose for which it was created, and evoking in G-d the desire to continue to create and sustain it; but the celebration of the divine coronation is eclipsed by the days of solemnity and awe which occupy the first part of Tishrei, coming to fruition only on the joyous festival of Sukkot, which commences on the fifteenth of the month.

The same is true of each of the twelve months of the Jewish year. Each has its own unique import and quality, and each undergoes a cycle of diminution and growth, concealment and expression, which reaches its climax on the fifteenth of the month. Thus we have the "New Year for Trees" on the 15th of Shevat; Purim on the 14th and 15th of Adar; and the 15th of Av, which the Talmud calls "the greatest festival" on the Jewish calendar.

Yet the sixteenth is greater than the fifteenth.In Torah, everything is precise and meaningful. So if the fifteenth were truly the apex of the month, it would also be represented by its highest numerical figure. Yet, following the fifteenth, we have a day which the Torah regards as the sixteenth—a number greater than fifteen. And the numbers continue to climb: seventeen, eighteen, nineteen, and so forth, up to the 29th or the 30th. According to this, the loftiest day of the month is the day on which the light of the moon is completely concealed!

But, as we have already noted, the point at which the moon disappears from our earthly view is also the point at which it achieves its greatest proximity to the sun. In other words, there are two perspectives from which the lunar cycle may be viewed: from the perspective of the moon's illumination of the earth, or from the perspective of the moon's relationship with the source of its light, the sun. Viewed from the first perspective, the moon undergoes changes and diminutions, achieving its full luminary potential only after an arduous climb of fifteen days, and then waning to nothingness in the course of the latter half of the month.

Viewed from the second perspective, the moon is, of course, never diminished: it remains the same size throughout its orbit, and the light of the sun bathes its surface at all times (except in the case of a lunar eclipse, when the earth comes directly between the sun and moon and blocks the light of the sun from reaching the moon). Indeed, the very point at which the moon is completely dark (and thus nonexistent) to the earthly observer is the apex of the moon's relationship with the sun—the point at which the sun's illumination of the moon is at its brightest and most intense.

Viewed from the perspective of manifest light, the setbacks of life are points of diminished luminescence and vitality. But when one looks at the deeper significance of these descents, one recognizes them as points of intensified vitality, points at which we draw closer to our Source to receive the fortitude and impetus to surmount the next challenge and summit of visible life.

Haftorah in a Nutshell – Bo Jeremiah 46:13–28

In this week's Torah reading, we read of the devastation of the Egyptian nation through the final three of the Ten Plagues. In the haftorah we read of the punishment G-d visited upon Egypt centuries later, through the hand of Nebuchadnezzar king of Babylon.

G-d reveals Egypt's fate to Jeremiah: "Proclaim it in Egypt and let it be heard in Migdol, and let it be heard in Noph and in Tahpanhes. Say, 'Stand fast and prepare yourself, for the sword has devoured round about you.'" The prophet then goes on to describe Egypt's helplessness and the destruction that it will incur at the hands of the Babylonians.

The haftorah ends with G-d's assurance to the Jewish people not to fear, for though they too will be punished and exiled, ultimately they will be redeemed:

"You fear not, O Jacob My servant, and be not dismayed, O Israel! for behold, I will redeem you from afar, and your children from the land of their captivity, and Jacob shall return and be quiet and at ease, and there shall be none who disturb his rest. You fear not, My servant Jacob, says the L-rd, for I am with you, for I will make a full end of all the nations where I have driven you."

From Our Sages

We will go with our young and with our old, with our sons and with our daughters (Exodus 10:9)

Pharaoh was willing to let the menfolk go, as long as the children remain behind; for as long as the younger generation remains "in Egypt," there would be no future for the people of Israel.

The "Pharaohs" of our day have the same attitude. If the older folk wish to cling to Jewish tradition, that is perfectly acceptable; but the youth should be raised in "the spirit of the times" . . .

(Maayanah Shel Torah)

[Pharaoh] said to them: "... See, there is evil before you" (Exodus 10:10)

Pharaoh said to them: "By my astrological art I see the star 'Evil' rising towards you in the wilderness; it is a sign of blood and slaughter."

Consequently, when Israel sinned by worshipping the golden calf, and G-d threatened to slay them, Moses said in his prayer (<u>Exodus 32:12</u>): "Why should the Egyptians speak and say: He brought them forth in evil." The Egyptians will say: Indeed, we have already said, "See, there is evil before you." Hence, "G-d bethought Himself concerning the evil" (ibid., v. 14).

G-d then changed the blood, of which this star was an emblem, to the blood of the circumcision. Thus, when Joshua circumcised the people of Israel (immediately after they entered the Holy Land), he said (<u>Joshua 5:9</u>): "This day have I removed from you the reproach of the Egyptians"—that which the Egyptians said to you, "We see blood impending over you in the wilderness."

(Rashi)

SPONSORSHIP OPPORTUNITY Would you like to sponsor a <u>Kiddush</u> or the <u>Weekly Bulletin</u>? It's a wonderful way to honor a loved one, remember a yahrzeit, or celebrate a special occasion, etc. For more information, please contact the Rabbi.

One of the central principles of Judaism is: "All Israel is responsible for one another."

The new Anshei Security Committee is asking for volunteers for Shabbat morning.

Shifts are only 30 minutes.

We can use any help you're willing to offer. Please contact Jordan Rockowitz at <u>rockowitzj@gmail.com</u> with questions or to volunteer your time.

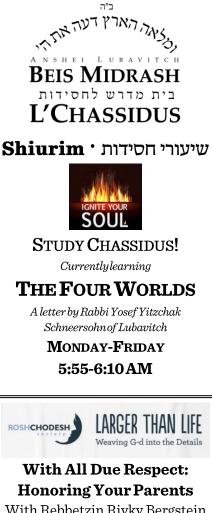
MAKE THE SHABBOS MORNING MINYAN IN PATERSON

Jan 12 Parshat Bo, Jan 26 Parshat Yisro

Minyan @ Federation Apartments: 510 East 27th Street/Corner of 12th benefits the senior citizens who speak English, Hebrew and Russian. Visit: www.<u>patersonshul.org</u> or contact JerrySchranz@gmail.com

> This week's bulletin is sponsored by *Rabbi Martin Rosenfeld* Attorney, Divorce Mediator 34-00 Linwood Ave Fair Lawn, NJ (201) 256-4113 www.NJmediation.com

Mazal tov to Rabbi and Rebbetzen Markowitz on their appointment as leaders of Shomerei Torah



With Rebbetzin Rivky Bergstein **Wednesday, Jan. 16, 7:30 PM**

Our parents provide us with life as well as a model for human relations. Thus, the Torah demands that we shower our parents with honor and respect. Living in the "sandwich generation," which brings a host of its own issues to the fore, forces us to probe the parameters of our moral parental obligation. The Torah perspective on the why of honoring parents will provide much-needed clarity on how to go about doing so.

Schedule of classes for Larger Than Life: Weaving G-d into the Details

mile me Details		
2019	January 16	7:30 pm
	February 13	7:30 pm
	March 13	7:30 pm
	May 15	7:30 pm

Questions? Want to host a class? Call or text Rivky Bergstein: 201.362.2909

WANT TO LISTEN TO A CLASS ON-THE-GO? Text your WhatsApp number to 201-362-2712 to join the Torah Classes @ Anshei Group



MONDAY EVENING TORAH STUDIES 7:00-8:00 PM • Maariv at 9:15

JOIN US LIVE ON FACEBOOK

Monday, January 14, 2019 WET BEHIND THE EARS

Balancing Enthusiasm with Maturity At the foot of the sea with the Egyptian army thundering behind them, one Jewish tribe started . . . throwing stones at another tribe! What? As we unravel this mystery, discover how to strike the balance between the enthusiasm you seek and the maturity you wish to master.

> Monday, January 21, 2019 LIFE IS ART

Human Flaws Are the Brushstrokes of Divine Beauty

Have you ever wondered what life would be like without so many flaws? Wouldn't your days be so much more meaningful if you didn't constantly struggle with doubt, insecurity, and hidden demons? Frankly, the answer is, "No!" The secret lies in a story about an idolatrous priest who embraces the Jewish message and ends up with an eponymous portion in the Torah bearing his name.

Halachah · שיעורי הלכה Explore the Ins-and-Outs of Prayer Hilchos Tefillah.....1:40-1:45 PM Monday-Thursday, before Mincha Hilchos Krias Ha-Torah9:25-9:30 Sunday-Thursday, after Ma'ariv

Tuesday Talmud · שיעורי גמרא Tractate Sukkah9:30-10:00 PM Tuesday nights following Ma'ariv



New JLI course coming up Crime and Consequence

Shevat 5779/February 2019

Criminal justice reform is a hotbutton topic in the United States. with a bipartisan consensus that urgent reforms needed. This course are discusses some of the most controversial issues with respect crime and to punishment and offers Torah perspectives that are relevant and insightful. The course examines manv areas of criminal law, such as sentencing, incarceration, parole, death penalty, evidence. rehabilitation. crime prevention—all in the hope of generating a safer and more just society.

For more info, call 201.362.2712. or email:

RahhiReroctein@FI.Chahad com

