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Parshah Kedoshim in a Nutshell
(Leviticus 19:1–20:27)

The Parshah of Kedoshim begins with the statement: "You shall be holy, for I, the L-rd your G-d, am holy." This is followed by dozens of mitzvot (divine commandments) through which the Jew sanctifies him- or herself and relates to the holiness of G-d.

These include: the prohibition against idolatry, the mitzvah of charity, the principle of equality before the law, Shabbat, sexual morality, honesty in business, honor and awe of one's parents, and the sacredness of life.

Also in Kedoshim is the dictum which the great sage Rabbi Akiva called a cardinal principle of Torah, and of which Hillel said, "This is the entire Torah, the rest is commentary"—"Love your fellow as yourself." ❖

Anshei Lubavitch Congregation

Rabbi Levi and Leah Neubort

Adult education:

Rabbi Avrohom and Rivky Bergstein

Youth Outreach:

Rabbi Eli and Ruty Steinhauser

**Shabbos Schedule
Parshas Kedoshim**

Erev Shabbos – May 10 – Iyar 5

Candle Lighting 7:44 pm

Mincha 7:30 pm

Shabbos Day – May 11 – Iyar 6

Shacharis 9:30 am*

Torah Reading 10:35 am

Rabbi Neubort's Drasha 11:10 am

Kiddush 12:10 pm

Gemara (2-31 Summit) 6:45 pm

Shiur & Shalosh Seudos 6:30 pm

Mincha 7:50 pm

Rabbi's Drasha 8:10 pm

Shabbos Ends 8:50 pm

**Latest morning Shema is 9:15 AM. Be sure to recite the Shema at or before that time (even if at home).*

Weekday Schedule: *Minyan*

Shacharis 6:15 am

Mincha 1:45 pm

Maariv 9:15 pm

Classes

Chassidus, Mon-Fri 5:55 am

Halachah, Mon-Fri 1:40 pm

and at 9:25 pm

Torah Studies Mon. 7-8:00 pm

Tuesday Talmud 9:30-10:00 pm

Wednesday Mishna 8:30-9:15 pm

**Please note:
Friday evening services
will begin at 7:30 pm
starting May 3rd through
August 10, 2019**

***Thank You to:
Avi Lebovic
for reading the Torah
and to our
Kiddush Volunteers***

Eruv website:
www.fairlawneruv.com
Eruv Hotline phone number:
201-254-9190.

This week's Kiddush is sponsored by the shul.

Sponsor a Kiddush or the Weekly Bulletin
It's a wonderful way to honor a loved one, remember a yahrzeit, or celebrate a special occasion.
For more information, please contact the Rabbi.

The Anshei Security Committee
thanks all of the volunteers who have stepped forward to help protect our Shul. Additional volunteers are encouraged to get involved.
Please contact Jordan Rockowitz at rockowitzj@gmail.com with questions or to volunteer your time.

Halachic Zmanim
Shabbos, May 11
Daylight Savings Time
Earliest Tallis 4:38 AM
Latest Morning Shema 9:15 AM
Earliest Mincha (Gedola) ..1:30 PM
Plag Hamincha6:38 PM
Earliest Evening Shema8:35 PM

Chassidic Masters

“A History of Love”

*Based on the teachings of
the Lubavitcher Rebbe
Courtesy of MeaningfulLife.com*

Man, by nature, is a selfish creature. Even in his relationships with others he tends to focus primarily on himself or, at most, on his self-colored perception of his fellow. “Love” is the endeavor to transcend this intrinsic selfishness and truly relate to one’s fellow, to be sensitive to and devoted to his or her needs as an individual distinct from oneself and one’s own stake in the relationship.

And yet, when the Torah speaks of the mitzvah (divine commandment) to “love your fellow as yourself,” it does so in the context of man’s duty to influence, and even change, the behavior and nature of his fellow man. In Leviticus 19 (verses 18–19), the Torah commands:

Do not hate your brother in your heart; repeatedly rebuke your fellow, and do not attribute sin to him. Do not take revenge, or harbor hatred toward your people, and love your fellow as yourself; I am G-d.

As the commentaries explain, there are two possible reactions a person can have toward a fellow who has wronged him, or whom he sees behaving in a morally deficient manner: 1) he can despise him in his heart, regarding him as a “sinner,” and perhaps even persecute him for his “sins”; 2) he can rebuke him in an effort to convince him of the folly of his ways and seek to influence

him to change them. The path of love, says the Torah, is not to “hate your brother in your heart,” but to “repeatedly rebuke” him and seek to better him.

Obviously, the desire to influence is consistent with the idea of love. No one would stand by as a loved one suffers hunger or is threatened by violence; no less so, if one sees someone he loves suffering from spiritual malnutrition or moral blindness, he will make every effort to reach out to him, to enlighten him, to offer guidance and assistance. But this aspect of loving behavior carries an inherent paradox. On the one hand, the endeavor to influence and change implies a departure from self and a concern with the wellbeing of the other. On the other hand, it implies a seemingly selfish view of the other: a rejection of the other as he is, and a desire to impose upon him one’s own perception of what is good for him.

Four Biblical Prototypes

An exploration of humanity, as recounted in the Torah, reveals four figures who personified four different points of reference on the relationship between self and fellow.

Each of these individuals was considered the most righteous of his generation. Thus, their lives can be seen to reflect four stages in the spiritual development of humanity—four stages in the movement from an instinctive selfhood toward the complete abnegation of self and self-interest in relating to others. Our examination of this process will

also shed light on the acceptance/nonacceptance dilemma inherent in the love relationship.

The first of these four outstanding individuals was Enoch, a great-great-great-great-grandson of Adam, who was born in the year 622 from creation (3139 BCE). By his time, humanity had abandoned the one G-d of their fathers, and had succumbed to idolatry and pagan perversity. Only Enoch still “walked with G-d.”

But Enoch’s righteousness was wholly selfish: he was preoccupied only with the refinement and perfection of his own spiritual self. The Midrash even relates that for many years he disassociated himself from his corrupt generation and secluded himself in a cave.

Not only did Enoch fail to have a lasting impact on his society, but he was ultimately in danger of being influenced by their corrupt behavior. This is why Enoch died at the “tender young age” of 365 (compared with the 800- to 900-year lifespans of his contemporaries): “G-d took him to Himself” before his time, lest the only righteous man of the generation also be lost.

For such is the relationship of an individual with his environment: there is no sustained equilibrium.

Where there is contact there is a flow, in one direction or the other; one either influences his society or is influenced by it.

The 120-Year Failure

Several generations later, we encounter another righteous man in a corrupt generation: Noah, builder of the ark and regenerator of humanity after the Flood.

In Noah, we find the first stirrings of a departure from self to improve and rehabilitate one's fallen fellow. In the year 1536 from creation (2225 BCE) G-d told Noah that "the end of all flesh has come before Me, for the earth is filled with violence," and that He therefore intends to "bring a deluge of water upon the earth, to destroy all flesh" and start anew with Noah and his family. Noah is instructed to build an ark so that they could survive the Flood. Our sages relate that Noah worked on the ark's construction a full one hundred and twenty years; all this time, he called out to his generation to mend its ways and avoid catastrophe.

However, the Zohar criticizes Noah for the fact that, despite his efforts, he did not pray for the salvation of his generation, unlike Abraham and Moses, who pleaded with G-d to spare the wicked. This implies that, ultimately, it did not matter to Noah what became of them. Had he truly cared, he would not have sufficed with doing his best to bring them to repent, but would have implored the Almighty to repeal His decree of destruction—just as one who is personally threatened would never

say, "Well, I did my best to save myself" and leave it at that, but would beseech G-d to help him.

In other words, Noah's involvement with others was limited to his sense of what he ought to do for them, as opposed to a true concern for their wellbeing. His "self" had sufficiently broadened to include the imperative to act for the sake of another, recognizing that the lack of a "social conscience" is a defect in one's own character; but he fell short of transcending the self to care for others beyond the consideration of his own righteousness.

This also explains a curious aspect of Noah's efforts to reach out to his generation. When the Flood came, Noah and his family entered the ark—alone. His 120-year campaign yielded not a single baal teshuvah (repentant)! Perhaps public relations was never Noah's strong point, but how are we to explain the fact that, in all this time, he failed to win over a single individual?

But in order to influence others, one's motives must be pure; in the words of our sages, "Words that come from the heart enter the heart." Deep down, a person will always sense whether you truly have his interests at heart, or whether you're filling a need of your own by seeking to change him. If your work to enlighten your fellow stems from a desire to "do the right thing"—to observe the mitzvot to "love your fellow as

yourself" and "rebuke your fellow"—but without really caring about the result, your call will be met with scant response. The echo of personal motive, be it the most laudable of personal motives, will be sensed, if only subconsciously, by the object of your efforts, and will ultimately put him off.

The Departure from Self

Ten generations later was born an individual who raised the concept of man's devotion to the welfare of his neighbor to new and selfless heights. This man was Abraham, the first Jew.

Abraham, too, faced a corrupt and pagan world; indeed, his title, "the Hebrew," is associated with the fact that "the entire world stood on one side, and he stood on the other." After coming to recognize the Creator, he devoted his life to bringing the belief and ethos of a one G-d to his generation. Wherever he went, he "caused G-d's name to be known in the world." Abraham also concerned himself with the more mundane needs of his fellows, offering his tent as an open house of refreshment and lodging for all desert wayfarers, regardless of spiritual station.

The selflessness of Abraham's concern for his fellow is demonstrated by his daring intervention on behalf of the five sinful cities of the Sodom valley. G-d had decided to destroy these cities for their wicked ways.

(Continued on next page)

Abraham petitioned G-d on their behalf, using the strongest terms to demand of G-d that he spare these cities for the sake of the few righteous individuals they might contain. "It behooves You not to do such a thing," he challenged G-d, "to slay the righteous with the wicked . . . Shall the judge of the universe not act justly?!" Abraham put his own spiritual integrity at risk for the sake of the most corrupt of sinners; he was prepared to incur G-d's wrath upon himself, giving precedence to their physical lives over his own relationship with the Almighty.

And because people sensed that he had their own good—and only their own good—at heart, they responded. When Abraham and Sarah left Charan for the Holy Land, they were joined by the "souls which they had made in Charan"—the community of men and women who had rallied to their cause. Sixty-five years later, he was able to say to his servant Eliezer: "When G-d summoned me from the house of my father, He was G-d of the heavens but not of the earth: the inhabitants of the earth did not recognize Him, and His name was not referred to in the land. But now that I have made His name familiar in the mouths of His creatures, He is G-d in both heaven and earth."

No Strings Attached

But even Abraham's love is still not the ultimate. It took another four centuries for the epitome of selfless devotion to one's fellow to emerge, in the person of Moses.

Abraham's virtue over Noah was that his objective in relating to others lay not in realizing the potential of his social self (as was the case with Noah), but in achieving the desired result: to transform their behavior and character, bringing to light their good and perfect essence. But therein also lies the limitation of Abraham's love: ultimately, Abraham's kindness had an ulterior motive. True, it was not a personal motive; true, it was a motive that spells the recipient's ultimate good, and is consistent with the recipient's true self; but it was an ulterior motive nonetheless.

Our sages describe how Abraham's hospitality was but a means to achieve his goal of converting his guests to a belief in G-d. The same is true of Abraham's valiant prayer on behalf of the Sodomites. He beseeched G-d to spare them because of the righteous in their midst—as long as righteous individuals remain in a city, there is hope for the wicked as well. On a deeper level, he was referring to the "righteous one" within the wicked person, his inner potential for good; spare them, Abraham was saying, because perhaps the good in them will triumph yet. As soon as he became aware that the wicked of Sodom were beyond hope, he ceased his prayers.

Such love and concern—for the sake of the potential good that one sees in another—is a love that is tainted, however minutely, with

selfishness: one is relating to one's fellow not as one's fellow sees himself, but with an eye to one's own vision of him. This allows for a reaction on his part (expressed, unexpressed, or even unconscious) that "you don't care for me as I am, only for what you wish to make of me. So you don't really care about me at all." True, one's only desire is to reveal the other's essential self; but this is a deeper, still unrealized, self. One's love fails to address the other as he now expressly is, focusing instead on one's knowledge of what he latently is, and on what he can and ought to make of himself.

In contrast, Moses' love for his people was utterly selfless. His was an unconditional love, one that is unassuming of what they ought to be or what they are on a deeper, yet unrealized level. He loved them as they were, and did everything in his power to satisfy their needs, both material and spiritual.

When Moses pleaded with G-d on behalf of the worshippers of the Golden Calf, he did not say, "Forgive them because they will repent," or "Forgive them for they carry great potential," only, "Forgive them. And if You won't, erase me from Your Torah." Either You accept the sinner as he is, or put together a nation and a Torah without me.

The difference between Moses and his predecessors is also reflected in the extent of their influence on their fellows. Enoch, with his wholly self-directed righteousness, had no influence, and was himself susceptible to influence. Noah—who extended himself to his fellows, but only because he recognized that concern for one’s fellow is an integral part of a perfect self—was not influenceable, but did not influence. Abraham’s teaching and instruction, free of such personal bias, was embraced by multitudes of followers; but since even Abraham’s efforts fell short of the pure definition of selflessness, his influence was correspondingly limited. Today, we have no traceable heirs to Abraham’s disciples. (What, indeed, ever became of the “souls they had made in Charan”?) But the effects of Moses’ utterly selfless love are eternal: his guidance and leadership of his people yielded a nation whose endurance and unbroken continuity, to this very day, defies all laws of history.

“Outreach” Redefined

In order to truly influence a fellow, we must devote ourselves to him or her without regard to whether he or she will be influenced or not. He is a fellow human being who needs your help. So help him. If she lacks something material, help her. If she is spiritually lost, help her. Many can see the point of influencing a fellow Jew to do a good deed, a mitzvah—to put on tefillin, to perform a single act of charity, to avoid a moral transgression—if this leads to a greater involvement, and ultimately, a complete transformation. But when confronted with a “lost case,” they feel it’s a waste of time. Why bother?

Why bother? Because you care about him, not only about what he ought to be, what he will be, or what you see in him. He lacks something now, and you are privileged to be of assistance. If you care for him because you expect to influence him, then chances are he won’t respond. But if you care for him whether he responds or not, then he will respond. ❖

Haftorah in a Nutshell – Kedoshim

Ezekiel 20:2-20

This week's haftorah mentions G-d's repeated enjoinders to observe the commandments, keep the Shabbat and eschew idol worship; reflective of this week's Torah portion, which discusses many commandments, including the obligation to sanctify the Shabbat and reject idolatry.

The prophet Ezekiel transmit G-d's message, reminding the Jews how He chose them as His nation, how He took them out of Egypt and promised to take them to the Holy Land. In Egypt, G-d dispatched a prophet who exhorted the Jews to abandon their idols, yet they did not do so. He then gave them laws and statutes, including that of the observance of Shabbat as a sign between Him and His people. "But the house of Israel rebelled against Me in the wilderness; they walked not in My statutes, and they despised My ordinances, which, if a man keep, he will live through them, and My Sabbaths they desecrated exceedingly."

The prophet goes on to mention G-d's punishment of the Jews in the desert, namely that they did not enter the Holy Land. He then admonishes the children not to follow their fathers' ways, but to observe the laws and to sanctify the Shabbat. ❖

Dr Yana Garger, Board Certified Endocrinologist, has moved her clinical practice to 10 Sycamore Ave in Hohokus NJ.

She treats a wide range of disorders, including:

- Diabetes
- PCOS
- Gestational Diabetes
- Weight Management
- Osteoporosis
- Thyroid, Pituitary, and Adrenal Disorders

For questions, and to schedule appointments, please call: (201) 474-5952

or email the office at

DrYana@GargerCenter.com

Website: www.GargerCenter.com

Community Events

Paterson Minyan to Celebrate “V Day” Honoring Russian Jewish Vets (Minyan-goers) who fought the Nazi Regime

While the annual celebratory Victory Day (this week) mark the 74th anniversary of victory in the Great Patriotic War over Nazi Germany, the Paterson Minyan will honor residents at Federation Apartments who attend the Minyan, who are veterans of the Russian Army - who fought the Nazis.

Shabbat, May 18th (Parshat Emor) 9am Minyan @ Federation Apartments 510 E. 27th Street/12th Ave.

Your participation helps benefit Jewish senior citizens from all backgrounds. Visit: www.patersonshul.org or contact JerrySchranz@gmail.com.

From Our Sages

Speak to all the congregation of the children of Israel, and say to them: You shall be holy . . . (Leviticus 19:2)

Rabbi Chiya taught: This section was spoken in the presence of a gathering of the whole community, because most of the essential principles of the Torah are included in it.

Rabbi Levi said: Because the Ten Commandments are included therein:

- 1) “I am the L-rd your G-d,” and here it is written, “I am the L-rd your G-d” (19:3, et al).
- 2) “You shall have no other gods before Me,” and here it is written, “Nor make for yourselves molten gods” (19:4).
- 3) “You shall not take the name of the L-rd your G-d in vain,” and here it is written, “And you shall not swear by My name falsely” (19:12).
- 4) “Remember the Sabbath day”, and here it is written, “And keep My Sabbaths” (19:3).
- 5) “Honor your father and your mother,” and here it is written, “Every man shall fear his mother and his father” (19:3).
- 6) “You shall not murder,” and here it is written, “You shall not stand by the blood of your fellow” (19:16).
- 7) “You shall not commit adultery,” and here it is written, “Both the adulterer and the adulteress shall surely be put to death” (20:10).
- 8) “You shall not steal,” and here it is written, “You shall not steal, [nor deal falsely, nor lie to one another]” (19:11).
- 9) “You shall not bear false witness,” and here it is written, “You shall not go about as a talebearer” (19:16).
- 10) “You shalt not covet . . . anything that is your fellow’s,” and here it is written, “Love your fellow as yourself” (19:18).

-- (Midrash Rabbah)

We regret to inform you of the passing of Mrs. Gittel (Gertrude) Rosenberg, grandmother of Rebbetzin Rivky Bergstein. She passed away this morning at age 86. The funeral will be held today at Shomrei Hadas in Brooklyn, at 2:00 pm. Mrs. Rosenberg will be buried in Tiberias, Israel.

Condolences can be sent to Rebbetzin Bergstein at Rivky@FLChabad.com, and her mother, Mrs. Shaindy Schapiro at Shaindyschapiro@gmail.com.

May her family be comforted among the other mourners of Tzion and Yerushalayim.



CHASSIDUS

5:55-6:10 AM
Monday-Friday
THE MITZVAH OF HAVING FAITH IN G-D

A discourse by Rabbi Menachem Mendel of Lubavitch, the Tzemach Tzedek



SHULCHAN ARUCH

1:40-1:45 PM
Monday-Thursday
Currently learning
HILCHOS TEFILLAH

Laws of Prayer

9:25-9:30 PM
Sunday-Thursday
Currently learning
HILCHOS KRIAS HA-TORAH

Laws of Reading the Torah



MISHNA

8:30-9:10 PM
Wednesday
Currently learning
MISHNAYOS, tractate SHEKALIM Chapter 6



TALMUD

9:30-10:00 PM
Tuesday
Currently learning
TALMUD, tractate SUKKAH p. 18a



WANT TO LISTEN TO A CLASS ON-THE-GO? Text your WhatsApp number to 201-362-2712 to join the Torah Classes @ Anshei Group



MONDAY EVENING TORAH STUDIES

7:00-8:00 PM • Maariv at 9:15

JOIN US LIVE ON FACEBOOK

Monday, May 13 2019

SPEAK UP!

A Word Is Not Just a Word

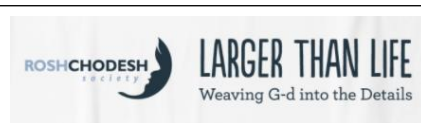
For too long, we have been told how we ought to refrain from negative speech. It's time to flip the narrative and take an opposite approach: speak, and speak a lot: just make sure it's positive speech. Never underestimate the impact of a good word, so get talking!

Monday, May 20 2019

HEAD IN THE CLOUDS, FEET ON THE GROUND

The Deepest Connection Is the Simplest One

Is it, "I love you, therefore I am committed to our relationship"? Or is it, "I am committed to our relationship, therefore I love you"? The man who single-handedly brought kabbalah to the world and burned fields with his eyes, yet was simultaneously very down-to-earth, shines a light on this important question.



Cause and Effect: A Soul-ar Panel on Social Activism

With Rebbetzin Rivky Bergstein
Wednesday, May 15, 7:15 PM

In recent decades, many social causes have gained widespread popularity. Among them are a strong commitment to individual and employee rights, a just but compassionate criminal justice system, and a mandate to actively aid the disadvantaged. Is the Jewish version of tikun olam different from secular social activism? What are our responsibilities as Jews vis-à-vis another's welfare and dignity? How do I prioritize between important causes?

Questions? Want to host a class? Call or text Rivky Bergstein: 201.362.2909



New Course Coming Up!

With All My Heart

Iyar-Sivan 5779 / May-June 2019

Whether you're seeking relief from stress; you're hoping for focus, clarity, and connection to a raw and vulnerable place deep within you; or you just want to start each day from a positive, humble, and grateful frame of mind, this course is for you.

Jewish wisdom teaches profound techniques to give wings to our emotions and words to our yearnings, allowing us to make contact and communicate with something larger than ourselves and feel comfort and shelter within a reality that's more whole, more intense, more real, and more beautiful.

Shabbos Afternoon
SHIUR & SHALOSH SEUDOS

We will discuss
"Land for Peace" – a Halachic Analysis

6:30 PM

One-on-One Study Sessions with the Rabbi

Moses and Maimonides now make house calls.

Learn more. Study about your heritage, faith and history by illuminating your life with knowledge, insight and an understanding of Torah.

You choose. Pick an area of study: Torah, the Prophets, Talmud, Jewish Law, History, Philosophy, Chassidic Thought, you name it!

We'll bring the class to you!

For our fee schedule and to set up your personal study session at your home or office, please email RabbiBergstein@FLChabad.com or call 201.362.2712.