



ב"ה

Parshah Vayeitzei in a Nutshell

(Genesis 28:10–32:3)

Jacob leaves his hometown of Beersheba and journeys to Charan. On the way, he encounters “the place” and sleeps there, dreaming of a ladder connecting heaven and earth, with angels climbing and descending on it; G-d appears and promises that the land upon which he lies will be given to his descendants. In the morning, Jacob raises the stone on which he laid his head as an altar and monument, pledging that it will be made the house of G-d.

In Haran, Jacob stays with and works for his uncle Laban, tending Laban’s sheep. Laban agrees to give him his younger daughter, Rachel—whom Jacob loves—in marriage, in return for seven years’ labor. But on the wedding night, Laban gives him his elder daughter, Leah, instead—a deception Jacob discovers only in the morning. Jacob marries Rachel, too, a week later, after agreeing to work another seven years for Laban.

Leah gives birth to six sons—Reuben, Simeon, Levi, Judah, Issachar and Zebulun—and a daughter, Dinah, while Rachel remains barren. Rachel gives Jacob her handmaid, Bilhah, as a wife to bear children in her stead, and two more sons, Dan and Naphtali, are born. Leah does the same with her handmaid, Zilpah, who gives birth to Gad and Asher. Finally, Rachel’s prayers are answered and she gives birth to Joseph.

Anshei Lubavitch Congregation

Rabbi Levi and Leah Neubort

Adult education:

Rabbi Avrohom and Rivky Bergstein

Youth Outreach:

Rabbi Eli and Ruty Steinhauser

Shabbos Schedule

Erev Shabbos – Dec 6 / Kislev 8

Candle Lighting.....4:10 pm

Mincha4:10 pm

Shabbos Day – Dec 7 / Kislev 9

Shacharis..... 9:30 am*

Torah Reading10:35 am

Rabbi Neubort’s Drasha..... 11:10 am

Kiddush12:10 pm

Gemara (2-31 Summit)3:15 pm

Mincha4:15 pm

Rabbi’s Drasha.....4:35 pm

Shabbos Ends5:14 pm

**Latest morning Shema is now 9:25 AM. Be sure to recite the Shema at or before that time (even if at home).*

Weekday Schedule (not on a holiday):

Minyan

Shacharis.....6:15 am

Mincha1:45 pm

Maariv.....9:15 pm

Classes

Chassidus, Mon-Fri 5:55 am

Halachah, Mon-Fri1:40 pm

and at 9:25 pm

Monday Torah Studies..... 7-8:00 pm

Tuesday Talmud9:30-10:00 pm

Wednesday Mishna 8:30-9:15 pm

Thursday B’lyun.....9:30-10:00 pm

Kiddush
This week’s kiddush is sponsored by the Kopman family in honor of Shane’s Bar Mitzvah.

Jacob has now been in Charan for fourteen years, and wishes to return home. But Laban persuades him to remain, now offering him sheep in return for his labor. Jacob prospers, despite Laban’s repeated attempts to swindle him. After six years, Jacob leaves Charan in stealth, fearing that Laban would prevent him from leaving with the family and property for which he labored. Laban pursues Jacob, but is warned by G-d in a dream not to harm him. Laban and Jacob make a pact on Mount Gal-Ed, attested to by a pile of stones, and Jacob proceeds to the Holy Land, where he is met by angels. ❖

Halachic Zmanim

Shabbos, December 7

Eastern Standard Time

Earliest Tallis 6:06 AM

Latest Morning Shema 9:25 AM

Earliest Mincha (Gedola) 12:12 PM

Plag Hamincha3:34 PM

Earliest Evening Shema5:00 PM

Thank You to:
Zvi Goldstein’s
for reading the Torah
and to our
Kiddush Volunteers

Chassidic Masters

“ The Chase”

*Based on the teachings of
the Lubavitcher Rebbe.
Courtesy of MeaningfulLife.com*

And it was reported to Laban on the third day that Jacob had fled. And he took his kinsmen with him, and he chased after him a seven days' journey; and they overtook him at Mount Gilad....

And Jacob was angry and strove with Laban... And he said: "What is my crime and what is my sin, that you have so hotly pursued me? ...Twenty years I have been in your employ... In the day drought consumed me, and the frost at night; and my sleep departed from my eyes..."

And Laban said: "...Come, let us make a covenant, I and you." ... And they took stones and made a heap, and they ate there upon the heap... And Laban said to Jacob: "...This heap be witness, and this monument be witness, that I will not cross this heap to you, and you will not cross this heap and monument to me, for harm..." And they spent the night on the hill.

And Laban rose in the morning... and he returned to his place. And Jacob went on his way. (Genesis 31:4-32:2)

Why does a man who has spent his entire life in the "tents of study" in pursuit of wisdom and closeness to G-d, leave the spiritual oasis of Be'er Sheva, home of Abraham and Isaac, and go to Charan in Paddan-

Aram, the world's capital of idolatry and deceit, to spend twenty years as a shepherd in the employ of Laban the Deceiver?

He is hunting sparks.

Each and every creation, no matter how material and mundane, has at its heart a "spark of holiness." A spark that embodies G-d's desire that it exist and its function within G-d's overall purpose for creation. A spark that is the original instrument of its creation and which remains nestled within it to continually supply it with being and vitality. A spark of holiness that constitutes its "soul"—its spiritual content and design.

Entrenched in the physical reality, these holy sparks are virtual prisoners within their material encasements. The physical world, with its illusions of self-sufficiency and arbitrariness, suppresses all but the faintest glimmer of G-dliness and purposefulness.

The soul of man descends into the trappings and trials of physical life in order to reclaim these sparks. By assuming a physical body that will eat, wear clothes, inhabit a home, and otherwise make use of the objects and forces of the physical existence, the soul can redeem the sparks of holiness they incorporate. For when a person utilizes something, directly or indirectly, to serve the Creator, he penetrates its shell of mundanity, revealing and realizing its divine essence and purpose.

"The deeds of the fathers are signposts for the children."

The story of Jacob's journey to Charan, where he spent twenty years in the home and employ of the evil Laban, is the story of our own lives. The soul, too, leaves behind a spiritual and G-dly existence to preoccupy itself with material needs, to become a shepherd and entrepreneur in the Charans of the world.² The soul, too, must condescend to deal with the crassness, hostility and deceptions of an alien employer. It must struggle to extract the sparks of holiness from their mundane husks, to deliver the flocks of Laban into the domain of Jacob.

Unfinished Business

Among the "signposts" in Jacob's journey is the rather strange closing chapter in his dealings with Laban.

Jacob's mission in Charan seemed complete. As he tells Rachel and Leah, Laban's wealth has been "delivered"³ to him—the material resources of this alien land have been sublimated, their sparks of holiness redeemed through Jacob's exploitation of them for good and G-dly ends. Indeed, the Almighty has communicated to him it is time he came home. Rachel and Leah, too, sense that all opportunities in Charan have been utilized, that there no longer remains "a portion or inheritance for us in our father's house." So Jacob "rose up and set his sons and his wives on the camels. And he led away all his cattle, and all his goods which he had acquired, the possessions of

(continued on next page)

his purchase, which he had acquired in Paddan-Aram, to go to... the land of Canaan."

But Laban pursues Jacob, and they have a final confrontation on Mount Gilad. Reconciled, they break bread together and camp for the night. Then, each goes his own way, having sealed a mutual non-aggression pact, to be attested to by a pile of stones which marks their respective domains.

Obviously, there was still some unfinished business between them, some lingering sparks still languishing in Laban's camp. In the words of Rabbi DovBer of Mezeritch: "Jacob had left behind Torah letters (a kabbalistic term for the "sparks of holiness" imbedded in creation) which he had not yet extracted from Laban. This is why Laban pursued him—to give him the letters which remained with him. An entire chapter was added to the Torah by these letters."

To Pursue and to be Pursued

In other words, there are two types of "sparks" that we redeem in the course of our lives. The first type are those which we consciously pursue, having recognized the potential for sanctity and goodness in an object or event within our life's trajectory. Indeed, we human beings pride ourselves on the measure of control we have learned to exercise over our lives: we plan our education, decide whom to marry, choose a community, chart a career and save for retirement. We're constantly manipulating our environment, cultivating opportunities and maneuvering ourselves into the

the right place and time to properly take advantage of them.

But every so often, we are confronted with something that is neither of our making nor in our control. Something that seemed so readily in our grasp remains incomprehensibly elusive; something we've done everything in our power to avoid invades our lives. These are "sparks" of the second sort: opportunities which we would never have realized on our own, since they represent potentials so lofty that they cannot be identified and consciously developed by our humanly finite perception and faculties. So our redemption of these sparks can only come about unwittingly, when, by divine providence, our involvement with them is forced upon our by circumstances beyond his control.

Thus our lives are divided into "Charan" periods and "Mount Gilad" events. The bulk of our efforts are conscious and focused: goals are defined, opportunities recognized, endeavors planned and achieved. But then there are the situations we never desired, the encounters which pursue us even as we flee from them. These may aggravate and exasperate us; like Jacob on Mount Gilead we cry, "What more do you want of me? Are my decades scorching days and freezing nights not enough?" But we must never dismiss these encounters and fail to extract the kernel of good that certainly lies buried within them. Indeed, they contain the most elusive, and most rewarding, achievements of our lives. ❖

A Hearty Yashe-Koach to Our Anshei Security Committee

They continue to help keep our shul safe, while also learning the latest in protection tactics. They also train in First-Aid and other medical options

And you can be a part of it. We can use any help you're willing to offer. Please contact Jordan Rockowitz at rockowitzj@gmail.com with questions or to volunteer.

The Zohar and the Midrash interpret Jacob's descent to Charan as an allegory for the exile of the Jewish people. Jacob therefore says that ultimately, in the messianic age, "he," i.e., his descendants, will return from exile to "my father's house," to the Land of Israel.

Eruv website:
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For more information, please contact the Rabbi.

Haftorah in a Nutshell – Vayeitzei

Hosea 11:7-12:14

This week's haftorah mentions Jacob's flight from home to the "field of Aram," an episode that is recounted in this week's Torah reading.

The haftorah begins with the prophet Hosea's rebuke of the Jewish people for forsaking G-d. Nevertheless, Hosea assures the people that G-d will not abandon them: "How can I give you, Ephraim, and deliver you [to the hands of the nations]? . . . I will not act with My fierce anger; I will not return to destroy Ephraim."

The prophet discusses the misdeeds of the Northern Kingdom of Israel, and the future degeneration of the Kingdom of Judea. He contrasts their behavior to that of their forefather Jacob who was faithful to G-d and prevailed against enemies, both human and angelic.

The haftorah also makes mention of the ingathering of the exiles which will occur during the Final Redemption: "They shall hasten like a bird from Egypt and like a dove from the land of Assyria; and I will place them in their houses, says the Lord." ❖

From Our Sages

Jacob went out from Be'er Sheva, and he went to Charan (Genesis 28:10)

The story of Jacob's journey to Charan is the story of every soul's descent to the physical world.

The soul, too, leaves behind the spiritual idyll of Be'er Sheva (literally, "Well of the Seven"—a reference to the supernal source of the seven divine attributes, or sefirot, from which the soul derives) and journeys to Charan (literally, "Wrath"): a place of lies, deceptions, struggle and hardship; a place in which material concerns consume one's days and nights, sapping one's energy, confusing one's priorities, and all but obscuring the purpose for which one has come there in the first place.

Yet it is in Charan, in the employ of Laban the Deceiver, not in the Holy Land and its "tents of learning," that Jacob founds the nation of Israel. It is here that he marries and fathers eleven of the twelve sons who will become the twelve tribes of Israel. Had Jacob remained in the Holy Land, the life of this pious scholar who lived 3,500 years ago would have been of no significance to us today.

The soul, too, achieves its enduring significance only upon its descent into "Charan." Only as a physical being, invested within a physical body and inhabiting a physical environment, can it fulfill the purpose of its creation, which is to build "a dwelling for G-d in the physical world."

-- (From the teachings of the Lubavitcher Rebbe)

A ladder stood on the earth, and the top of it reached to heaven (Genesis 28:12)

This is prayer.

-- (Zohar)

He served with him yet another seven years (Genesis 29:30)

Jacob served Laban as faithfully in the second seven years as he did in the first, even though he had been tricked into them by Laban's deception.

-- (Rashi)

Shabbat: A Special Guest

Our sages tell us that the Shabbat is a “queen,” whose regal presence graces every Jewish home for the duration of the Shabbat day. For this reason, we scrub our bodies, dress our finest and make sure our homes are in tip-top shape on Friday afternoon. According to the Talmud, we actually receive a special additional soul every Shabbat.

The prophet Isaiah foretells great delight that comes as a reward “if you restrain your foot because of the Sabbath, from performing your affairs on My holy day, and you call the Sabbath a delight, the holy of the L-rd honored, and you honor it by not doing your wonted ways, by not pursuing your affairs and speaking words.”

Shabbat is so special that even our choice of words, comportment, and the items that we touch must be consistent with this holy day. This includes the admonition not to handle items known as *muktzeh*, which have been set aside because they generally have no use within the Shabbat lifestyle.

Community Events

- **Dec. 26 – Chanukah Party at BounceU** (70 Eisenhower Dr, Paramus, NJ 07652). A hoppin' good time will be had by all! \$18 per child; \$40 per family max. Includes admission to Bounce U, 2 slices of pizza, and doughnut dessert. To register or sponsor, visit dno.am/5780/chanukah. A **Darhei Noam** event, Thursday night, 5:30 PM – 7:30 PM.

How to Love a Fellow

When one's body is viewed with scorn and contempt, and one's joy is in the soul alone, this constitutes a direct and simple way to fulfill the commandment “Love your fellow as yourself” toward every Jew, great or small. . . . For the source of their souls is in the One G-d, and they are divided only by virtue of their bodies. Therefore, those who give priority to their body over their soul find it impossible to share true love and brotherhood, except that which is conditional on some benefit. This is what Hillel the Elder meant when he said about this commandment [the love of Israel]: “This is the whole Torah, and the rest is commentary.” For the foundation and source of all Torah is to elevate and give ascendancy to the soul over the body . . .

– Tanya (Likkutei Amarim 32)

Good Shabbos to all!



שבת שלום! גוט שבת!



CHASSIDUS

Monday-Friday
 5:55-6:10 AM
THE MITZVAH OF SHAVING OF THE METZORA

Derech Mitzvosecha

Shabbos Morning
 8:45 – 9:20 AM



SHULCHAN ARUCH

Monday-Thursday
1:40-1:45 PM
HILCHOS TEFILLAH
 Laws of Reading the Shema

Sunday-Thursday
9:25-9:30 PM
HILCHOS SHLIACH TZIBUR
 Laws of Leading the Davening



TALMUD

Tuesday
9:30-10:00 PM
TALMUD tractate SUKKAH p. 23a



MISHNA

Wednesday
8:30-9:10 PM
MISHNAYOS tractate MOED KATAN Chapter 2



CHUMASH

Thursday
8:00-9:00 PM
Bereishis 1:3



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MONDAY EVENING TORAH STUDIES

7:00-8:00 PM • Maariv at 9:15

Monday, December 9, 2019
STAY FOCUSED

The Best Way to Win Is Not to Engage
 “Punch back!” “Stand your ground!” “Don’t let him get away with it!” are common battle cries we all hear in our social and spiritual development. But there’s a better way—find your mission and run with it; let the haters and challengers fall to the side.

שבת-טיש
Shabbos Tisch
 Great food, camaraderie, song & inspiration
Kislev 8, December 6
7:30-9:30 pm
 At the home of the **Wasserman Family**
5 Madelyne Pl.
 לזכר נשמת שלמה יצחק בן יעקב ד"ל
 Mr. Peter Schwalbe o.b.m.



Worrier to Warrior
Lesson 5 - 7:30-9:00 PM
THIS SUNDAY!

Despite considering ourselves successful in terms of health, finances, and relationships, we sometimes fall into a funk, feeling unexplainably uninspired or unhappy. This lesson explores the inner workings of happiness and examines our instinctive methods of securing satisfaction. It then delivers a shift in perspective that sets a workable goal of inner contentment and fulfillment.

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